



Civil Society Coalition Against Torture and Impunity in Tajikistan

**UNIT FOR REHABILITATION OF TORTURE VICTIMS
AND THEIR FAMILY MEMBERS**

Dushanbe, 2022

ABOUT THE UNIT

- Established according to rules and principles of participation in the Civil Society Coalition Against Torture and Impunity in Tajikistan in order to:
- Provide maximum possible assistance to torture victims and their family members in restoring self-sufficiency, physical, mental, social and professional capacities, as well as their full social integration and community involvement
- In its activities, the unit attracts occupational specialists: social workers, psychologists and physicians

Objectives

- Facilitate the diagnosing and rendering of urgent medical aid;
- Develop individual programs for implementation of qualified medical, psychological and social rehabilitation;
- Facilitate the provision of out-patient and in-patient care, and treatment of persons who experienced torture and/or their family members;
- Develop rules and terms of cooperation with specialists who provide services for rehabilitation of persons who experienced torture and/or their family members;
- Coordinate the work with state authorities, health care facilities and centers for provision of psychological support, to promote the creation of efficient mechanisms for rehabilitation of persons who experienced torture and/or their family members.

Types of Activity

- Social assistance that involves the individual work with persons who experienced torture and/or their family members, including case management;
- Medical assistance – re-referral to health facilities (health centers, hospitals, polyclinics, etc.) to provide medical care to persons who experienced torture and/or their family members;
- Psychological assistance – individual psychological rehabilitation of persons who experienced torture and/or their family members.

Organizations – Members of the Rehabilitation Unit

- Public Foundation “Legal Initiative”
- Public Organization “Human Rights Center”
- Public Organization “Civil Liberties Office”
- Public Foundation “Public Health and Human Rights”
- Public Organization “Independent Center for Protection of Human Rights”
- Public Organization “Apeiron”
- Public Organization “Law and Prosperity”
- Public Organization “Najoti Kudakon”

Unit Coordination:

- Secretariat: coordinator, social worker, (consulting) physician, and (consulting) psychologist
- Coordinates activity with health facilities and centers for provision of psychological and psychiatric support, to promote the creation of efficient mechanisms for rehabilitation of persons who experienced torture and/or their family members;
- Develops rules and terms of cooperation with specialists who provide services for rehabilitation of persons who experienced torture and/or their family members;
- Rehabilitation unit carries out its activity in close cooperation with the legal assistance unit: a well-established mechanism is in place to interact and refer persons who experienced torture and/or their family members.

Cooperation (2016-2020)

- There are signed contracts with various health care centers;
- There is well-established cooperation with social workers in regions and response mechanism to provide care to persons who experienced torture and/or their family members.
- There is signed a Memorandum on Cooperation with PO “Society of Consulting Psychologists and Psychotherapists of Tajikistan”.
- There is developed a step-wise Guidance for social workers and psychologists on service delivery methods.

Assistance in Rehabilitation of Torture Victims and Their Family Members

- From 2015 through 2021, there have been admitted for rehabilitation 235 persons: among them those direct victims of torture and cruel treatment – 108 persons, and family members – 127 persons. Of the total number: 119 women, 116 men, among them underage persons – 18.

Strategic Planning of the Rehabilitation Unit

There has been carried out strategic planning of the Unit for Rehabilitation of persons who experienced torture and/or their family members, attended by expert from Georgia, Lela Tsiscarishvili, Director of the Rehabilitation Center for Torture Victims in Georgia, which is member of IRCT International Network.

There has been adopted a Strategic Plan of the Unit's activity for 2018-2021. It is available in the Coalition's web-site: <http://notorturetj.org/about/strategiya-gruppy-po-reabilitacii-lic-perezvivshih-pytki-iili-chlenov-ih-semey>

Information Booklet

A booklet is intended for all those who have experienced torture and cruel treatment, and/or are relatives of torture victim(s), as well as for representatives of public organizations and a wide range of users who would encounter torture and cruel treatment.

It is available in Russian and Tajik languages.

Cooperation at International Level

- Public Foundation “Legal Initiative” has been admitted to the IRCT membership. It is the international network that has more than 160 member organizations from 70 countries of the world, which activity is aimed at provision of rehabilitation services to torture victims. The Movement supports its members in providing assistance to those in need, meanwhile working to achieve equity for torture victims and their families. All the network members operate in a wide variety of conditions, with some of them being from the most repressive and sucked into conflict countries in the world. They apply various methods to remedy effects of torture for individuals, families and communities, allowing those who survived torture to resume life worth living as far as possible.
- You can find more detailed information on the network, available through the link: <https://irct.org/>

Round-the-clock operating hot-line telephones:

For Khatlon Region – 98 787 66 66

For Soghd Region – 98 787 33 33

For RRS and City of Dushanbe – 98 708 76 76

The Coalition's web-site: www.notorturetj.org

[E-mail: notorture.tj@gmail.com](mailto:notorture.tj@gmail.com)